

**Maharashtra University of Health Sciences, Nashik**

Inspection Committee Report for Academic Year 2026-2027

**Webinar/Workshop/CME/Activities/ Performed in Last One Year.**  
**All report must be available on web site**

**Name of the College /Institute:-Sushrusha Institute Of Nursing Sciences, Daund, Pune  
Faculty: Nursing**

**No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on College website)**

Sr No	Details of Webinar/ Workshop/CME/ Activities/ Perform <b>Supportive document to be uploaded on web site</b>
1.	Workshop on Ethical Issues in workplace
2.	Discipline in Nursing Colleges
3.	Workshop on Emergency Services and Drugs
4.	Research Methodology: Importance of Research in Nursing
5.	Workshop on Feel better and Deal Better a Creative Mindset
6.	Pranic Healing and Soul

**Here by I declare all relevant document uploaded are clear and visible on web site & are true as per my knowledge & Belief**

**Any Other, Please Specify: -**

Date:- 01/02/2026

Dean/ Principal Stamp & Signature  
**PRINCIPAL**  
SUSHRUSA INSTITUTE OF NURSING  
SCIENCES, DAUND DIST-PUNE

## INDEX

<u>S. NO</u>	<u>DATE</u>	<u>TOPIC</u>	<u>RESOURCE PERSON</u>	<u>SIGNATURE</u>
1	29/08/2025	ETHICAL ISSUES IN WORK PLACE	MRS PALLAVI KULKARNI. SIONS DAUND	
2	26/09/2025	DISCIPLINE IN NURSING COLLEGES	DR. JYOTSNA DESHPANDE. SIONS DAUND	
3	31/10/2025	EMERGENCY SERVICES AND DRUGS	DR. PATIL PIRAMID HOSPITAL. DAUND	
4	28/11/2025	IMPORTANCE OF RESEARCH IN NURSING	MR. MANJUNATH. SIONS DAUND	
6	1/12/2025	FEEL BETTER AND DEAL BETTER A CREATIVE MINDSET	MRS. SUPARNA NORONHA	
7	11/12/2025 12/12/2025	PRANIC HEALING AND SOUL	MS. NEHA JAIN	

## **Report on Ethical Issues at the Workplace**

**Title:** Ethical Issues at the Workplace

**Date:** 29 August 2025

**Venue:** Sushrusha Institute of Nursing Sciences, Daund

**Resource Person:** Mrs. Pallavi Kulkarni

**Target Audience:** Student Nurses and Nursing College Faculty

### **Introduction**

An informative and insightful lecture on “**Ethical Issues at the Workplace**” was conducted on **29 August 2025** at **Sushrusha Institute of Nursing Sciences, Daund**. The session was organized for nurses and members of the nursing college to strengthen their understanding of ethical principles in professional practice. The resource person, **Mrs. Pallavi Kulkarni**, shared her valuable knowledge and experiences related to ethical conduct in nursing and academic environments.

### **Objectives of the Session**

The objectives of the session were:

- To create awareness regarding ethical issues in the nursing profession
- To understand ethical challenges faced by nurses in clinical and academic settings
- To promote ethical conduct, professionalism, and accountability
- To guide nurses and nursing students in ethical decision-making

### **Highlights of the Session**

Mrs. Pallavi Kulkarni explained various **ethical issues encountered in the workplace**, particularly in nursing services and nursing colleges. Key areas discussed included professional behavior, patient rights, confidentiality, informed consent, and ethical dilemmas in daily nursing practice. She also highlighted the importance of following the **Code of Ethics for Nurses**, maintaining discipline,

respecting human dignity, and ensuring ethical teaching–learning practices in nursing institutions.

The session was enriched with real-life examples and interactive discussions, which helped participants relate ethical principles to practical situations.

### **Participants' Response**

The participants showed keen interest and actively participated in the session. Nursing Students and faculty members shared their experiences and clarified doubts regarding ethical issues. The participants expressed that the session was **useful, informative, and highly relevant**, helping them better understand their ethical responsibilities and professional conduct.

### **Conclusion**

The session on **Ethical Issues at the Workplace** conducted at **Sushrusha Institute of Nursing Sciences, Daund** was highly beneficial. It reinforced the importance of ethics, integrity, and professionalism in nursing practice and education. Such programs contribute significantly to the development of ethically responsible nursing professionals and a positive workplace culture.

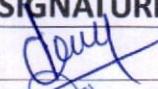
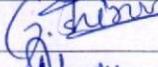
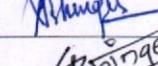
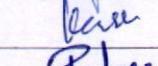
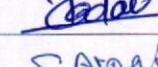
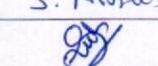
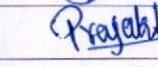
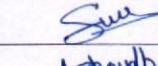
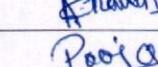
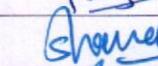
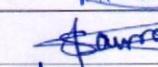
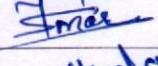
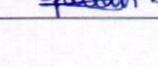
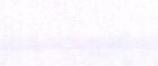
## STAFF INSERVICE EDUCATION

DATE: 26/09/2025

TIME: 3pm to 5pm

TOPIC: Discipline in nursing colleges and student conduct for academic excellence

NAME OF THE RESOURCE PERSON: Dr. Jyotsna D. SIONS Daund

S.NO	NAME OF THE FACULTY	SIGNATURE
1.	Dr. Jyotsna D.	
2.	Mr. Manjunath	
3.	Dr. Geeta S	
4.	Mr. Somnath	
5.	Mrs. Priyanka	
6.	Mrs. Jamuna	
7.	Mrs. Maner	
8.	Mrs. Kasbe	
9.	Mrs. Pratiksha	
10.	Mrs. Sunita Argade	
11.	Mrs. Shruti	
12.	Mr. Prajakta	
13.	Mrs. Snehal	
14.	Mr. Akshay	
15.	Ms. Pooja	
16.	Ms. Shamal	
17.	Mr. Suresh	
18.	Mr. Rushikesh	
19.	Mr. Dheeraj	
20.	Mr. Akash	
21.	Mr. Saurabh	
22.	Mr. Yogesh	
23.	Ms. Sheetal	
24.	Ms. Pallavi	

## **Report on Discipline in Nursing Colleges and Student Conduct for Academic Excellence**

**Title:** Discipline in Nursing Colleges and Student Conduct for Maintaining Proper Decorum and Academic Progress

**Date:** 26 September 2025

**Venue:** Sushrisha Institute of Nursing Sciences, Daund

**Resource Person:** Dr. Jyotsna Deshpande, Principal, Sushrisha Institute of Nursing Sciences, Daund

**Target Audience:** Nursing Students and Faculty

### **Introduction**

A comprehensive and motivating session on “**Discipline in Nursing Colleges and Student Conduct for Maintaining Proper Decorum and Academic Progress**” was conducted on **26 September 2025** at **Sushrisha Institute of Nursing Sciences, Daund**. The session was delivered by **Dr. Jyotsna Deshpande**, Principal of the institute, with the primary focus on highlighting how discipline plays a vital role in achieving **academic excellence, professional growth, and overall personality development** of nursing students.

### **Objectives of the Session**

The objectives of the session were:

- To emphasize the role of discipline in achieving consistent academic progress
- To guide students on effective study habits and time management
- To promote punctuality, regular attendance, and active classroom participation
- To motivate students to aim for higher academic scores and professional competence

- To create awareness regarding institutional rules that support academic success

### **Highlights of the Session**

Dr. Jyotsna Deshpande elaborated that **discipline is the cornerstone of academic achievement**, especially in professional courses like nursing. She explained that regular attendance, timely completion of assignments, disciplined study routines, and sincere participation in theory and practical sessions significantly contribute to **better understanding of subjects and improved examination performance**.

She stressed the importance of maintaining discipline in classrooms, laboratories, and clinical areas, as these environments demand focus, responsibility, and adherence to standards. Dr. Deshpande also guided students on **effective time management**, encouraging them to plan daily study schedules, revise topics regularly, and utilize library and learning resources optimally to obtain **good academic scores**.

The session highlighted the link between disciplined behavior and **continuous internal assessment performance**, practical skill evaluation, and university examination results. Students were advised to maintain academic honesty, avoid malpractices, and approach assessments with sincerity and confidence.

### **Discipline and Academic Progress**

Dr. Deshpande emphasized that disciplined students show:

- Better concentration and retention of knowledge
- Improved clinical skills and confidence
- Higher internal assessment and university examination scores
- Consistent academic progress throughout the course

She explained that maintaining proper decorum—such as respectful interaction with teachers, adherence to uniform code, punctual submission of assignments, and seriousness towards academic responsibilities—creates a **positive learning atmosphere** that supports academic excellence.

### **Participants' Response**

The students actively participated in the session and expressed their understanding of how discipline directly influences academic performance. Many students felt motivated to improve their study habits and maintain consistent discipline to achieve **better scores and overall academic growth**. Faculty members also appreciated the session for reinforcing institutional expectations related to academic discipline.

### **Conclusion**

The session on **Discipline in Nursing Colleges and Student Conduct for Academic Excellence** conducted at **Sushrusha Institute of Nursing Sciences, Daund** was highly informative and motivating. It effectively conveyed that discipline is essential not only for maintaining decorum but also for achieving **good academic scores, steady progress, and professional success**. Such sessions play a crucial role in guiding nursing students towards academic excellence and shaping them into responsible healthcare professionals.

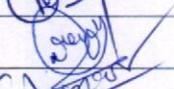
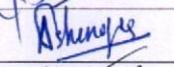
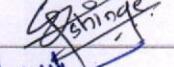
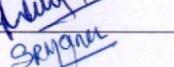
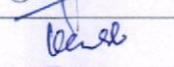
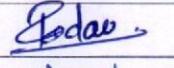
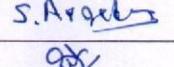
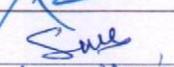
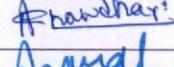
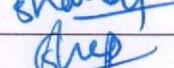
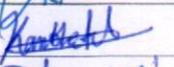
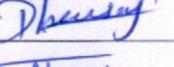
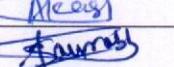
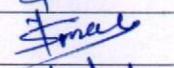
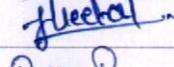
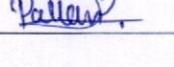
## STAFF INSERVICE EDUCATION

DATE: 31/10/2025

TIME: 3pm to 5pm

TOPIC: EMERGENCY SERVICES AND EMERGENCY DRUGS

NAME OF THE RESOURCE PERSON: Dr. Patil. Pyramid hospital. Daund

S.NO	NAME OF THE FACULTY	SIGNATURE
1.	Dr. Jyotsna D.	
2.	Mr. Manjunath	
3.	Dr. Geeta S	
4.	Mr. Somnath	
5.	Mrs. Priyanka	
6.	Mrs. Jamuna	
7.	Mrs. Maner	
8.	Mrs. Kasbe	
9.	Mrs. Pratiksha	
10.	Mrs. Sunita Argade	
11.	Mrs. Shruti	
12.	Ms. Pooja	
13.	Mrs. Snehal	
14.	Mr. Akshay	
15.	Ms. Shamal	
16.	Mr. Suresh	
17.	Mr. Rushikesh	
18.	Mr. Ajinkya	
19.	Mr. Dheeraj	
20.	Mr. Akash	
21.	Mr. Saurabh	
22.	Mr. Yogesh	
23.	Ms. Sheetal	
24.	Ms. Pallavi	

## **Report on Emergency Services and Emergency Drugs**

**Title:** Emergency Services and Emergency Drugs – Advanced Knowledge Enhancement for Nursing Faculty

**Date:** 31 October 2025

**Venue:** Sushrusha Institute of Nursing Sciences, Daund

**Resource Person:** Dr. Patil, Pyramid Hospital, Daund

**Target Audience:** Nursing Faculty

### **Introduction**

A comprehensive faculty development program on “**Emergency Services and Emergency Drugs**” was successfully conducted on **31 October 2025** at **Sushrusha Institute of Nursing Sciences, Daund**. The program was organized to enhance the theoretical knowledge and practical understanding of nursing faculty regarding emergency care services and the safe administration of emergency drugs. The session was facilitated by **Dr. Patil**, an experienced medical professional from **Pyramid Hospital, Daund**, who shared his clinical expertise and practical insights.

### **Objectives of the Program**

The objectives of the program were:

- To update nursing faculty on the structure and functioning of emergency services
- To strengthen knowledge regarding commonly used emergency drugs and protocols
- To improve prompt assessment, decision-making, and intervention skills during emergencies
- To enhance teaching effectiveness in emergency nursing and pharmacology
- To promote patient safety and quality emergency care

### **Highlights of the Session**

Dr. Patil discussed the **organization of emergency services**, including triage principles, emergency room setup, rapid patient assessment, prioritization of care, and interprofessional coordination. He emphasized the importance of time-bound interventions and the nurse's role in early recognition of life-threatening conditions.

Detailed explanations were provided on **emergency drugs**, covering their classification, indications, dosages, routes of administration, contraindications, and storage guidelines. Special emphasis was given to emergency medications used in cardiac arrest, shock, respiratory emergencies, allergic reactions, and neurological emergencies. The importance of accurate drug calculations, double-checking procedures, and monitoring for adverse reactions was highlighted.

### **Clinical and Teaching Implications**

The session stressed the significance of updated emergency knowledge in **clinical practice and nursing education**. Dr. Patil encouraged faculty members to incorporate real-life emergency scenarios, case studies, and simulation-based learning into teaching. He also highlighted the need for continuous professional development, mock drills, and adherence to standard treatment protocols to maintain competence in emergency care.

### **Participants' Response**

The program was highly interactive, with nursing faculty members actively participating in discussions and seeking clarification on emergency protocols and drug administration. Faculty members expressed that the session was **extremely informative, practical, and relevant** to both their clinical responsibilities and teaching roles. They felt more confident in managing emergencies and guiding students effectively.

## **Conclusion**

The faculty development program on **Emergency Services and Emergency Drugs** conducted at **Sushrusha Institute of Nursing Sciences, Daund** was highly successful and beneficial. It enhanced the knowledge, confidence, and preparedness of nursing faculty in emergency care management. Such programs contribute significantly to strengthening nursing education, improving emergency response, and ensuring patient safety and quality care.

## STAFF INSERVICE EDUCATION

DATE: 28/11/2025

TIME: 3pm to 5pm

TOPIC: Importance of Research in nursing colleges

NAME OF THE RESOURCE PERSON: Mr. Manjunath

S.NO	NAME OF THE FACULTY	SIGNATURE
1.	Dr. Jyotsna D.	<i>Jyotsna</i>
2.	Mr. Manjunath	<i>Manjunath 28/11/2025</i>
3.	Dr. Geeta S	<i>Geeta S</i>
4.	Mr. Somnath	<i>Somnath</i>
5.	Mrs. Priyanka	<i>Priyanka</i>
6.	Mrs. Jamuna	<i>Jamuna</i>
7.	Mrs. Maner	<i>Maner</i>
8.	Mrs. Kasbe	<i>Kasbe</i>
9.	Mrs. Pratiksha	<i>Pratiksha</i>
10.	Mrs. Sunita Argade	<i>S. Argade</i>
11.	Mrs. Shruti	<i>Shruti</i>
12.	Ms. Pooja	<i>Pooja</i>
13.	Mrs. Snehal	<i>Snehal</i>
14.	Mr. Akshay	<i>Akshay</i>
15.	Ms. Shamal	<i>Shamal</i>
16.	Mr. Suresh	<i>Suresh</i>
17.	Mr. Rushikesh	<i>Rushikesh</i>
18.	Mr. Ajinkya	<i>Ajinkya</i>
19.	Mr. Dheeraj	<i>Dheeraj</i>
20.	Mr. Akash	<i>Akash</i>
21.	Mr. Saurabh	<i>Saurabh</i>
22.	Mr. Yogesh	<i>Yogesh</i>
23.	Ms. Sheetal	<i>Sheetal</i>
24.	Ms. Pallavi	<i>Pallavi</i>

## **Report on Importance of Research in Nursing**

**Title:** Importance of Research in Nursing

**Date:** 28 November 2025

**Venue:** Sushrsha Institute of Nursing Sciences, Daund

**Resource Person:** Mr. Manjunath, Vice Principal, Sushrsha Institute of Nursing Sciences, Daund

**Target Audience:** Nursing Faculty and Students

### **Introduction**

A comprehensive academic session on "**Importance of Research in Nursing**" was successfully conducted on **28 November 2025** at **Sushrsha Institute of Nursing Sciences, Daund**. The session was organized to strengthen awareness and understanding of research as a vital component of nursing education and professional practice. The session was led by **Mr. Manjunath**, Vice Principal of the institute, who shared his academic experience and emphasized the growing importance of research in enhancing the quality of nursing care and education.

### **Objectives of the Session**

The objectives of the session were:

- To emphasize the significance of research in nursing education and clinical practice
- To promote evidence-based nursing practice
- To encourage faculty and students to actively engage in research activities
- To enhance understanding of the research process and methodology
- To strengthen critical thinking, analytical skills, and academic competence

### **Need and Importance of Research in Nursing**

Mr. Manjunath highlighted that research plays a crucial role in **improving patient care outcomes**, developing effective nursing interventions, and ensuring quality healthcare services. He explained that nursing research provides scientific evidence

to support nursing actions, reduces practice based on assumptions, and improves decision-making in clinical settings.

The session emphasized that research is essential for:

- Identifying patient care problems and finding appropriate solutions
- Updating nursing practices based on scientific evidence
- Improving standards of nursing education and curriculum development
- Enhancing professional accountability and credibility of nurses

### **Research Process and Ethical Considerations**

The resource person explained the **basic steps of the research process**, including identification of research problems, formulation of objectives, literature review, selection of research design, data collection, analysis, and interpretation. He also stressed the importance of **ethical principles in research**, such as informed consent, confidentiality, respect for human dignity, and ethical clearance, particularly in studies involving human subjects.

### **Research and Academic Development**

Mr. Manjunath highlighted that involvement in research enhances **academic performance, critical thinking, and problem-solving abilities** among nursing students. He encouraged students to participate in research projects, seminars, conferences, and publications to develop research skills and contribute to personal and professional growth.

Faculty members were motivated to guide students in research activities, develop research proposals, and engage in collaborative research. The role of research in postgraduate nursing education and its contribution to institutional ranking and reputation were also discussed.

### **Research in Clinical Practice**

The session emphasized the application of research findings in clinical practice to ensure **evidence-based nursing care**. The speaker explained how research helps improve clinical protocols, patient safety measures, and quality assurance practices

in healthcare settings. Nurses were encouraged to adopt research-based practices to improve patient satisfaction and healthcare outcomes.

### **Participants' Response**

The session was interactive and informative. Faculty members and students actively participated, asked questions, and clarified doubts regarding research methodology, topic selection, and publication. Participants expressed that the session was **highly motivating, informative, and useful**, inspiring them to actively engage in research activities.

### **Conclusion**

The session on **Importance of Research in Nursing** conducted at **Sushrusha Institute of Nursing Sciences, Daund** was highly successful and educational. It effectively highlighted the role of research in strengthening nursing education, improving patient care, and promoting professional development. Such academic sessions play a vital role in fostering a strong research culture and encouraging evidence-based nursing practice within the institution.

## STAFF INSERVICE EDUCATION

DATE: 1/12/2025

TIME: 3pm to 5pm

TOPIC: FEEL BETTER TO DEAL BETTER

THE RESOURCE PERSON: Mrs. SUPARNA NORONHA

S.NO	NAME OF THE FACULTY	SIGNATURE
1.	Dr. Jyotsna D.	<i>Jyotsna D.</i>
2.	Mr. Manjunath	<i>Manjunath</i>
3.	Dr. Geeta S	<i>Geeta S.</i>
4.	Mr. Somnath	<i>Somnath</i>
5.	Mrs. Priyanka	<i>Priyanka</i>
6.	Mrs. Jamuna	<i>Jamuna</i>
7.	Mrs. Maner	<i>Maner</i>
8.	Mrs. Pratiksha	<i>Pratiksha</i>
9.	Mr Stawan C	<i>Stawan C.</i>
10.	Mrs. Shruti	<i>Shruti</i>
11.	Ms. Sumedha	<i>Sumedha</i>
12.	Mrs. Snehal	<i>Snehal</i>
13.	Mr. Akshay	<i>Akshay</i>
14.	Ms. Aparna	<i>Aparna</i>
15.	Mr. Suresh	<i>Suresh</i>
16.	Mr. Rushikesh	<i>Rushikesh</i>
17.	Mr. Ajinkya	<i>Ajinkya</i>
18.	Mr. Dheeraj	<i>Dheeraj</i>
19.	Mr. Akash	<i>Akash</i>
20.	Mr. Saurabh	<i>Saurabh</i>
21.	Mr. Yogesh	<i>Yogesh</i>
22.	Ms. Sheetal	<i>Sheetal</i>
23.	Ms. Pallavi	<i>Pallavi</i>

## **Report on the Guest Session: “Feel Better to Deal Better – The Creative Mindset Reset with CARE + CCSS”**

**Date:** 1st December 2025

**Venue:** Sushrusha College of Nursing, Daund

**Resource Person:** Mrs. Suparna Norhona

**Session Inaugurated By:** Mrs. Pallavi Kulkarni, Secretary

### **Introduction**

Sushrusha College of Nursing, Daund organized an inspiring and insightful guest session titled “Feel Better to Deal Better – The Creative Mindset Reset with CARE + CCSS” on 1st December 2025. The session aimed to enhance students’ emotional awareness, creative thinking, and self-reflection skills, essential for both academic success and personal well-being.

### **Session Highlights**

Mrs. Suparna Norhona conducted the session with great enthusiasm. She introduced the CARE model — Connecting, Appreciating, Reflecting, and Exercising emotional awareness — and explained how these elements help students maintain emotional balance while improving focus and collaboration.

She also guided students through the CCSS framework (Continue, Change, Start, Stop), encouraging them to reflect on their habits, behaviours, and learning styles. This activity helped students identify strengths, areas for improvement, and new practices to adopt in their design and academic journey.

### **Student Engagement**

The session was highly interactive. Students participated actively through discussions, reflective exercises, and group sharing activities. Many expressed that

the CARE + CCSS models gave them new perspective on managing stress, enhancing creativity, and planning their personal growth.

### **Faculty Involvement:**

The faculty members of Sushrusha College of Nursing, Daund played an active and supportive role in the successful organization of the guest session. They were involved in the planning and coordination of the program, ensuring its smooth conduct. Faculty members encouraged active student participation, maintained discipline, and facilitated meaningful interactions during the session. The faculty also expressed that the session was highly useful and informative for them, as it enhanced their understanding of emotional awareness and creative mindset strategies, which can be effectively applied in both teaching and professional practice.

### **Conclusion**

The program concluded with a vote of thanks, expressing gratitude to Mrs. Suparna Norhona for her valuable insights and motivational delivery. Special appreciation was extended to Mrs. Pallavi Kulkarni, Secretary, for inaugurating the session and supporting such enriching initiatives.

The workshop proved to be a meaningful and empowering experience for all participants.

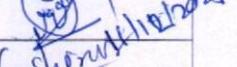
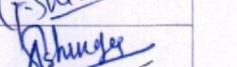
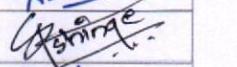
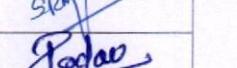
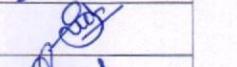
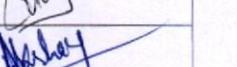
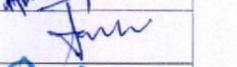
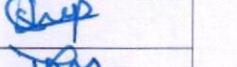
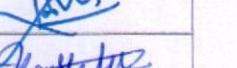
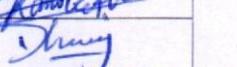
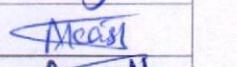
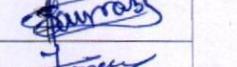
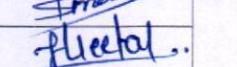
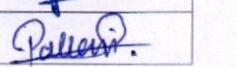
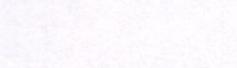
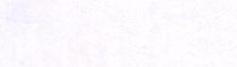
## STAFF INSERVICE EDUCATION

DATE: 10/12/2025 and 11/12/2025

TIME: 9am to 5pm

TOPIC: FEEL BETTER TO DEAL BETTER

THE RESOURCE PERSON: Mrs. SUPARNA NORONHA

S.NO	NAME OF THE FACULTY	SIGNATURE
1.	Dr. Jyotsna D.	
2.	Mr. Manjunath	
3.	Dr. Geeta S	
4.	Mr. Somnath	
5.	Mrs. Priyanka	
6.	Mrs. Jamuna	
7.	Mrs. Maner	
8.	Mrs. Pratiksha	
9.	Mr Stawan C	
10.	Mrs. Shruti	
11.	Ms. Sumedha	
12.	Mrs. Snehal	
13.	Mr. Akshay	
14.	Ms. Aparna	
15.	Mr. Suresh	
16.	Mr. Rushikesh	
17.	Mr. Ajinkya	
18.	Mr. Dheeraj	
19.	Mr. Akash	
20.	Mr. Saurabh	
21.	Mr. Yogesh	
22.	Ms. Sheetal	
23.	Ms. Pallavi	

## **Report on Pranic Healing and Soul Session**

### **Title**

**Pranic Healing and Soul Session: Achieving Oneness with the Higher Soul**

### **Programme Details**

- **Name of the Programme:** Pranic Healing and Soul Session
- **Theme:** Achieving Oneness with the Higher Soul
- **Dates:** 10/12/2025 and 11/12/2025
- **Venue:** Sushrusha Institute of Nursing Sciences, Daund
- **Resource Person:** Ms. Neha Jain, Pranic Healing Trainer
- **Participants:** All faculty members of the institute

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### **Introduction**

A Pranic Healing and Soul Session was successfully conducted at **Sushrusha Institute of Nursing Sciences, Daund** on **10/12/2025 and 11/12/2025** with the aim of enhancing spiritual awareness, emotional balance, and inner harmony among faculty members. The session was designed around the central theme of *Achieving Oneness with the Higher Soul*, highlighting the importance of holistic well-being in personal and professional life.

### **Resource Person**

The session was conducted by **Ms. Neha Jain**, a certified **Pranic Healing Trainer**, who shared her expertise and practical insights on energy healing, soul awareness, and spiritual growth.

### **Objectives of the Session**

- To introduce the principles and concepts of Pranic Healing
- To create awareness about the Higher Soul and its significance in daily life
- To help participants understand the process of achieving oneness with the Higher Soul

- To promote emotional stability, mental clarity, and spiritual well-being
- To encourage positive thinking, self-healing, and inner transformation among faculty members

### **Description of the Session**

The two-day session began with an introduction to Pranic Healing, explaining the concept of life energy (prana) and its role in maintaining physical, emotional, and spiritual health. Ms. Neha Jain elaborated on the energy body, chakras, and the influence of thoughts and emotions on overall well-being.

Special emphasis was laid on the concept of the **Higher Soul** and the journey of self-realization and spiritual alignment. The resource person explained how regular practices such as self-awareness, meditation, forgiveness, gratitude, and compassion help individuals move closer to oneness with their Higher Soul.

Interactive discussions, guided relaxation techniques, and reflective practices were incorporated to help participants experience inner calm, clarity, and emotional balance. The session encouraged faculty members to introspect, release negative emotions, and cultivate positive energy for personal growth and professional effectiveness.

### **Participation**

All faculty members of **Sushrsha Institute of Nursing Sciences, Daund** attended the session. The active involvement and keen interest shown by the participants reflected their commitment to holistic development and spiritual well-being.

### **Outcomes of the Session**

- Improved understanding of Pranic Healing and soul awareness
- Enhanced emotional balance and stress management skills
- Increased clarity of thoughts and positive outlook
- Strengthened sense of unity, harmony, and collective consciousness among faculty members
- Motivation to incorporate spiritual practices into daily life

## **Conclusion**

The Pranic Healing and Soul Session on *Achieving Oneness with the Higher Soul* proved to be a highly enriching and meaningful experience for all faculty members. The session successfully fostered spiritual awareness, emotional healing, and inner peace. Such initiatives contribute significantly to the overall well-being of educators and help create a positive, harmonious, and spiritually enriched academic environment.

## **Recommendation**

It is recommended that similar Pranic Healing and spiritual development sessions be organized regularly for faculty and students to promote holistic health, emotional resilience, and spiritual growth within the institution.

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## **Overall Evaluation**

The programme was well-organized and highly beneficial. The faculty members expressed satisfaction with the content and delivery of the session. The programme successfully met its objectives by enhancing spiritual awareness, emotional balance, and inner harmony among the participants.

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